

Centre Manager's Report

Main points of note:

Amazing Christmas events including - Fayre, Toy Giveaway, Volunteers Lunch, Wreath Making fundraiser, Santa Bus and Christmas Eve Fridge, Youth Centre Christmas Parties as well as crafting and cooking!

Ongoing projects - Cooking for Heart and Soul (originally Slow Cooking), Strength and Balance Exercise sessions, Bobs, Youth Sessions, Mighty Oak Alternative Learning Project, Warm Welcome sessions including craft cafe, Seniors Group, Pop In, Craft for All, Lunch Bags.

We now have a **new fridge and dishwasher** in the kitchen.

Maintenance has been ongoing - guttering, boiler serviced, alarm serviced. Underfloor heating and partitioning wall are upcoming and we are getting all the ovens cleaned. Please see Sue's report – there is a lot happening!

I have been asked to align the work we are doing with our Strategic Objectives. As you know these are:

- Keep the building available, accessible and safe for the use of local people and others (**Avail**).
- Enable a range of educational, training, employment, cultural and recreational activities to take place which respond to the needs of local people and where all are made to feel valued and safe (**Ed/Rec/Saf**).
- Provide access to advice and information for all sections of the community (**Inf**).
- Provide excellent services to users (**Excel**).
- Be financially sustainable and continue to strengthen the management of the Centre (**FinSust**).

I have coded them at the end of each objective.

1. Commercial Hiring (FinSust/ Avail) – see Sue's report

Could the board agree to abolish the £20 deposit for bookings as it is labour intensive to administer? We would still keep the larger deposits for activities where alcohol is served.

Could we align the Community Booking Rate as £10 per hour for all rooms throughout?

Cleaning and maintenance costs are increasing due to higher footfall and greater use of the centre.

2. Grant Funding Applied For (FinSust):

Hubbub – Fridge development project funding (to include salary)

EOI to CFS for Fridge funding

EOI to CFS for Stay & Play Funding

Application to Hedgehogs for Stay and Play Funding

South Street Trust – School holiday crafting activities & Sewing / Quilting Courses

3. Funding Awarded (FinSust) see Jeremy's spreadsheet

Farnham Round Table – donation of Dishwasher

Hubbub – Cooking Confidence classes & community meals £1500

Farnham Lions – contribution towards new coffee machine

Ash Coop Managers discretionary fund – provided hamper goods for the Christmas Fayre

We have received funding from Councillor Powell Councillor Grants for:

Refurbishment of the notice boards on the estate - Jo will undertake the refurbishment with some of the young people potentially.

Stay and Play resources.

6 months of Strength and Balance classes.

Trip for Junior Girlz Club to Space 2 Grow.

Sainsburys, South Street - £150 of shopping for the centre

4. Health and Wellbeing (FinSust/ Ed/Rec/Saf/ Inf/ Excel) - Please see Emma's report.

Emma's main projects currently include:

Strength & Balance Classes – funded by SCC Councillor Grant for a further 6 months.

Slow Cooker Courses – Now in 3/8 course. Re-union of previous attendees planned for 22nd Feb with a light supper.

Family Fit – re-named as Mobile Gym. Promotion event at Hale Academy being held this week to increase attendance.

5. Drop In & Warm Hubs, Music in the Meadow, Volunteer's BBQ (FinSust / Ed/Rec/Saf/ Inf/ Excel)– Drop In continues to be well attended. We held a Christmas Lunch, together with an end of term lunch and crafting session. Community Wednesdays continue to be well attended and the mix of those solely coming to the Pop In are increasing.

6. Youth Work (Ed/Rec/Saf/ Inf/ Excel) – see Tracy's report

7. Girlz Club (Ed/Rec/Saf/ Inf/ Excel) – See Jo's report

8. Community Cupboard and Fridge (Inf/ Excel) – see Kelly's report

9. Community Garden (Ed/Rec/Saf) – Gardeners have begun work in the garden and are looking forward to spring. We are removing the compost heap and replacing with Compost Barrels to try to avoid any further vermin issues.

10. Community Development (Ed/Rec/Saf/ Inf/ Excel) – see JO's report. There was a tremendous amount of activity over November and December preparing for Christmas. Jo worked alongside local projects with Stagecoach, SHIP and the church to support events and made a huge commitment to the smooth running of activities.

11. **TimetoShare/Timebank (Ed/Rec/Saf/ Inf)** – We are planning to close this project.
12. **Seniors Group (Ed/Rec/Saf/ Inf/ Excel)** – continues to be popular. Simon to add any recent development information.
13. **Code Club (Ed/Rec/Saf/ Excel)** – we are hoping a new volunteer will be interested in taking over the coordination of Code Club. Laura attended in January, and I will be chatting with her after the next session.

14. Partnership Projects supported by Hale Community Centre

- 14.1 **Stay & Play (Ed/Rec/Saf/ Inf)** – Funding has ended and Homestart have had funding reduced so cannot re-fund. I have made a couple of unsuccessful bids and now have a couple of possibilities in the pipeline with Hedgehogs and CFS.
- 14.2 **SHIP & WiSH (Ed/Rec/Saf/ Inf)** – SHIP worked with us on the Toy Giveaway and Christmas Cake decorating. Plans are in place for the Community Day on the 27th May which the centre will support. Other plans gaining momentum are upgrading of the facilities on the green space to include a new playground, gym equipment, 2 football goals and redesign of the paths around the area. Lighting is also planned. The seating area is still desired but may be a second phase.
- 14.3 **Craft Groups (Ed/Rec/Saf/ Excel)** – CM's group continue to run and are well supported.
- 14.4 **Job Club (Ed/Rec/Saf/ Inf/ Excel)** – Continues to meet.
- 14.5 **Craft Café (Ed/Rec/Saf/ Excel)** –Part of the Warm Welcome. We have a bid in with South Street Trust to run a sewing machine and quilting project in addition to this session.
- 14.6 **SEND Parents Group (Avail Ed/Rec/Saf/ Inf/ Excel)** – developing support via the Family Centre.
- 14.7 **BOBS** – continue to run once a month.

15. PR/Marketing (Inf)

The team are continually working towards giving the Centres the best possible PR. Posters are now being produced in a more professional manner and we are looking at making small changes to the newsletter to make it more vibrant.

16. **Building/Health and Safety/Risk Management Issues (Avail)** - See Sue's report.
17. **Maintenance of the building (Avail)** – see Sue's report.
18. **Accessibility of building (Avail)** - See Sue's report – small signage has been installed. Awaiting funding for the main signage.

After a trip at the Christmas Fayre we would really appreciate the opportunity to reduce the thresholds on all the Fire Exits.

19. GDPR – no known issues

20. Safeguarding – no known issues.

21. Staffing/HR

There have been some staff issues but these are all being supported within the team.

21.1 Suggestion to the Trustees is that they consider a cost-of-living pay increment to staff.

We are holding one Ops meeting and one team meeting a month with all staff to share information and ideas and keep all staff better informed of what is going on at the centres. This is also to help create a more inclusive team between the community centre and the youth centre.

I am endeavouring to hold more regular 1:1 meetings with project leads.

22. Volunteers

Although no date is currently set we are looking to launch the Volunteers Handbook very soon. We are also planning to hold social events for the volunteers as requested. Volunteers seem to be working smoothly and continue to be a huge asset to the Community and Youth Centres.

23. Partnership working

23.1 Early Years Help (Inf) – continues positively.

23.2 Farnham Health Inequalities Group (Inf) – Local representation is helping this group to be more meaningful and have an ability to link directly with the community.

23.3 Active Surrey (Ed/Rec/Saf / Inf/ Excel) – Emma is working with them to try and secure some funding for exercise opportunities including Otago and cardio fitness.

23.4 SportWorks (Ed/Rec/Saf/ Excel) – The Sportworks bid to The Community Fund has been successful and we are currently planning the offering of activity/walking and nutrition advice together with health and wellbeing messages, to be held on Saturday mornings.

23.5 Citizen's Advice Waverley (Inf/ Excel) – continues positively.

23.6 Vivid – Vivid have been involved in the FHIG and we continue to try to involve them in the SHIP work locally.

23.7 Church on the Hill/Kids on the Hill (Ed/Rec/Saf) – they continue to hold services twice a month at the centre. The youth group for children aged 7 to 11 (although there are some younger) continue to meet.

23.8 Farnham Youth Practitioners Network (Inf) – still working on funding sustainably.

23.9 Farnham Maltings – (Ed/Rec/Saf/ Excel) – Ordinary Life project has been promoted at the centre.

23.10 Adult learning – (Ed/Rec/Saf/ Excel) – they are available to offer Yoga courses, this is something Emma is looking in to with them.

24. Networking

Have continued to meet with local partners.

25. Emerging issues

25.1 Waiting Outside – Investigations into a non-permanent structure have prove that we will need planning permission regardless. ***The Board needs to give this the go-ahead and decide if there are any other projects to consider during this process.***

25.2 Hirers v Community Users – We will continue to try to balance community use and hirers.. Hirers are an important revenue stream amount to ¾ of the total rental income.

25.3 Plan for Hale – Nothing new.

25.4 Local Area Coordinator Position for Surrey County Council – Carla is now in post and has been coming in on Wednesdays when she is available. She is currently being inducted but will soon be working directly with clients. We have been asked if she can use the centre to meet people in, however as there is no funding to support this it will only be offered when there are no other users.

25.5 Use of the Hut by the local footballers on Sandy Hill – The Farnham Round Table are giving us some money and are available to ‘spruce up’ the hut and provide some storage for the Football Group’s kit. The Hut will also be available for outreach youth work.

Dates for the diary – also see Sue’s report

Easter Holidays – Youth HAF project

27th May SHIP Fun Day on the SH greenspace

TBC Volunteers summer BBQ

7th December Christmas Fayre

Team Reports & Information

Community & Youth Centre Maintenance and Updates - Sue Connolly

- First Aid course being arranged for three members of staff & two volunteers
- New Coffee Machine has been leased.
- Outside signage that was approved has been completed.
- Fixed mains testing in the Youth Centre completed.
- Youth Centre roof is being repaired during the February half term.
- SCC aware that the paint is peeling on the outside of the Youth Centre awaiting next steps
- Rodent baiting in the side garden of the centre completed.
- Drain cover in the side garden has been raised and sealed to prevent rodents using this as an access route.
- Compost heap moved into plastic composting bins to assist with rodent issues.
- Boiler Engineer has been and serviced the boiler having to return as control panel now not working.
- Under floor heating not working the following required to repair Flow Meters £27.47 + VAT + Per Meter (x9 required) Actuator Heads £41.98 + VAT + Per Head (x2 required)
- Obtaining a quote to get the server panel organised.
- New Dishwasher installed in the Community Centre Kitchen funded by round Table
- Gutters cleaned and inspected as part of yearly maintenance
- Skip arranged for February half term to clear gardens of both centres
- Awaiting date for new Intruder alarm to be installed.
- Carpenter arranged to quote for lockable floor to ceiling cupboards in the training room to replace the bench.
- New Cycle parking planter received from Waverley Borough Council this is now situated in the Community Garden.

Bookings & Hirers

No major changes to our regular hirers.

All Hirers been emailed links to our updated Terms & Conditions of Hire and also H&S and Privacy Policies

The Farnham Food Bank is hiring the main hall to host a 5 week Back to Basic cooking course for the community.

Can the Board please agree that we have one Community Rate of £10.00 and that this is a standard charge across all rooms used under this rate?

Events at Hale Community and Youth Centre

The 2023 Christmas Fayre held on the 2nd December raised £934.00

The Christmas Wreath Fundraiser event that took place on the 8th December raised £798.00.

The following events have been agreed for 2024

Activity	Date
Half Term family activity	13th February
Easter Holiday family activity	3rd March
Team Training " Make every Contact Count"	5th March
Duck Race	27th April
SHIP Event	27th May
Farmers Market Tea Tent	23rd June
Carnival	6th July

Music in the Meadow	date to be confirmed
Christmas Fayre	7th December
More to follow!!	

Social Media

We have continued to keep in contact with the community through various social media channels and the website and ensured we were passing on information and advice from other agencies.

- Hale Community Centre Facebook – 1K Followers
- We have 180 followers on Instagram
- Community Fridge & Cupboard - 950 followers.

Volunteers

We have 49 active volunteers across all the projects at HCC and the Youth Centre.

A review of our Volunteer policy and processes has taken place and is nearly complete for a relaunch date to be agreed.

Warm Welcome & Wednesday Community Pop in

We are running 3 Warm Welcome sessions at the Community Centre. Wednesday 11.30 till 1.30 as part of our Community Wednesday Pop In. Monday 1 till 3pm. Then once a month on a Tuesday 7 till 9pm. We have received £2,000 funding from SCC and £400.00 from Waverley Borough Council.

Recycling

We received £82.50 for Q4 2023, Oct 65 kilos, Nov 84 kilos, Dec 64 kilos

We will continue to send out social media posts to promote.

Community Development – Jo Goodhew

Overview and Achievements –

Since starting this new role, it has been a very busy few months. In the lead up to Christmas I was a part of some amazing activities/projects that proved to be well attended by the local community. It gave me lots of opportunities to meet new people, build relationships and ask what further help and support they would like locally. These events included:

THE TOY GIVEAWAY - The amount of new and nearly new donations that were passed to us for the toy giveaway was outstanding. On the day itself we held four slots, two in the morning and two in the evening. 65 families attended across the day and were able to choose a selection of toys and gifts for their children and grandchildren. Any items that were not taken on the day, were then offered to the people who access the Fridge and Cupboard and attend our Drop ins on a Wednesday. It was a great success and feedback was really positive.

Six local families that have never interacted with the Community Centre before also came along and engaged with us and took away further information about everything that the Community Centre offers.

CHRISTMAS CRAFTS – Approximately 20 children took part in our Christmas Crafts session, with ages ranging from 1-11 years of age. All of the children really enjoyed this free activity and went away very happy with all of the things they were able to make. Parents and families had the opportunity to sit and chat and enjoy a hot drink and something to eat, whilst the children enjoyed the crafts on offer.

THE SANTA BUS – This was such a wonderful opportunity to be a part of. It was a lovely atmosphere and everyone we met was so grateful and appreciative. Over the course of the afternoon and evening, we made a total of four stops in the local area and interacted with approximately 60 children. Disappointingly, the two stops on the Sandy Hill estate were a lot quieter than the stops at All Hallows School and Tesco Express in Upper Hale. However, during one of these stops on the estate we did experience what turned out to be a really positive interaction with a group of six young males aged 15-18. As they were cycling towards the stationary bus they were shouting and swearing and making rude comments that were aimed at the bus and the people dressed up. I quickly recognised the group as some of the young people that I work with at the local youth centre, so I went over and spoke to them. As soon as they saw it was me, their behaviour and attitude instantly changed. They visibly relaxed and stopped to ask what we were doing and why. After a cheerful conversation they went off happily with a chocolate selection box each, shouting their thanks as they cycled off. This interaction was a really good reminder that it is not always about the number of people you interact with but the impact you make on the ones you do meet.

CHRISTMAS EVE FRIDGE AND CUPBOARD EVENT – This was another wonderful event to be a part of. Over the course of the two hours we were open, we helped over 100 families. The atmosphere in the centre was so lovely and every individual that came through the door was extremely grateful and appreciative. Thanks to my recent involvement with the local community, two vulnerable families, who I had previously met and started to build relationships with, felt confident enough to pull me to one side and tell me that they were really struggling with a lack of food for the Christmas period. This meant that I was able to ensure they went home with a turkey and a bag of food.

Alongside these events I have also been involved in the development of the SHIP project. This is something that I have very much enjoyed getting involved with. It has given me many great opportunities to meet local residents, learn more about the needs of the community and get involved in local events and projects. I am very much looking forward to working closely with them again this year.

Towards the end of last year we were approached by Vivid and asked if we could reach out to the residents living at Top Lady Place and ask for their opinions and thoughts regarding the potential new park in that area of the estate. Vivid were keen to involve the families in deciding what equipment they would like to see installed in the park area. Despite only having a ten-day window we were able to carry out a successful survey that we fed back to Vivid. Whilst it was me, under my new role, who put the survey together and collated the results, it was actually one of residents who went door to door handing out and collecting the surveys. She was someone who had not engaged

with the Community Centre before, but she was keen to get involved and play a part in helping to develop the park area for her children and the other local families.

I attend the community pop-ins every Wednesday and it has been extremely beneficial in building relationships with all the local groups that use the centre and family centre on this day. I have got to meet and chat with the Seniors group, the Stay and Play families, people who access the Fridge and Cupboard and those that come along to the Community Café and Pop-In. This opportunity has really helped me to get to know the local community and start to build good relationships with them.

OUTLOOK –

Moving forward, I hope to build on and strengthen the relationships I have already started to make and develop new ones with other local residents. I am looking forward to planning more activities and events and working with partners and organisations to plan and implement some workshops, that will be beneficial to the health and well-being of the local community. Currently I am helping to support some of the local residents to set up a football group on the green space on Sandy Hill. I have been working closely with Farnham Lions, the Round Table and Farnham FC Youth team, to source equipment so that they can continue to offer this opportunity to local children and young people. Some of the other things that I am also planning include, some family activities for half term and the Easter holidays, looking at ways that we can bring our volunteers together for some social activities and working more closely with Hale Academy.

Hale Youth Centre - Board Report November 2023 - January 2024

Overview:

We are now almost mid-way through year 3 of our youth work, and we have mirrored Tuckman's group work theory - going through the forming, storming and norming stages. During the Forming stage the group are getting to know each other, becoming oriented to the setting and beginning to understand the rights and responsibilities within the environment. In the Storming phase there is often a shift in the power dynamics and roles within the group, Tuckman explains this as a time of conflict and competition as people vie for roles and position within the group. We often go back to this phase when new people enter the setting. Norming is the phase of increased cohesion and collaboration. We have reached this at several stages during sessions although it is not always consistent dependent on group dynamics.

We are now, in the main, moving into the Performing stage, defined as when the group is functioning effectively, achieving goals/objectives/outcomes and working productively as a cohesive unit. For us this means that we have our cohort of 'regulars' who understand our boundaries and their responsibilities. Currently, in the main, we have seen an improvement in behaviour both within the centre and outside of the building during our sessions. We have heard less about anti-social behaviour on the Sandy Hill Estate and young people are reinforcing this through peer-to-peer conversations and role modelling respectful behaviour. The Performing stage gives us the opportunity to further enhance our offer to young people with increased engagement in activities and becoming more youth-led than adult-led.

We have seen many of our young people grow in confidence and self-esteem and we are having some excellent discussions in sessions. Since January we have introduced at least one 'educational' activity per session. These are often topical, related to conversations or issues that have arisen in sessions. So far these have included:

- Sexuality
- Impact and consequences of substance misuse - specifically covering areas that are pertinent to the community namely cannabis (including THC vape pens and edibles), cocaine and ketamine
- Vaping - especially illegal/black market vapes
- Identifying personal strengths and qualities
- Unhealthy and healthy relationships
- Enthusiastic consent
- Values and attitudes
- Risk taking behaviour

Attendance:

Junior Girls - report provided by Jo Goodhew

- Senior Girls Club figures have been low, averaging 5 per week although this is increasing with the introduction of 4 new girls to the youth club
- Tuesday 11-13 sessions average 5 young people per session
- Tuesday 14-19 session average 8 per session
- Wednesday 11-18 sessions are seeing increased numbers, increasing from an average of 12 to 16
- The Mighty Oak Project sees 8 young people each week
- Boys Night In attendance continues to be sporadic however we regularly have 6 young men aged 15-18 attending (when there aren't other things going on for them!)

Challenges:

- Whilst it is wonderful that we have new young people attending we go back to the 'forming' stage of group work in order for them to understand the boundaries and our ethos
- Senior Girls Club figures are quite low, however this does facilitate excellent discussions and trust forming
- Boys Night In figures are sporadic and so from half term the offer will be opened to those aged 11+ (school year 7 and above)
- Vaping is still a real concern - especially as we are now hearing of children as young as 11 taking it up. As a youth team we use this as an opportunity for education, however the challenge stems from its normalisation and largely parents/siblings buying vapes for under 18s (coupled with a shop in Aldershot known for selling to children)
- Cannabis normalisation on the Estate - again we use this as an opportunity for education however when parents/family/friends are using it poses a challenge
- Securing specialists for Holiday Club and sessions has been very difficult and we will be working over half term to try and secure people who can enrich our offer
- Staff seasonal sickness has meant on occasion we have only had 2 staff on Tuesdays - whilst this is manageable with lower attendance, the introduction of the new youth worker will help alleviate this and enhance the offer for young people with fresh ideas and perspectives
- Youth Practitioner's Forum meetings have ceased as we were reliant on 40 Degreez arranging the next meeting

- FHES refuse to allow young people who are in reflection on a Friday to attend MOALE - this is challenging as it means that they are unable to learn the skills that will help them to improve their engagement with school - this is an issue we are continually addressing with the school's Senior Leadership Team

Achievements:

We had a wonderful Christmas, thanks to the efforts of the whole youth team coupled with our generous support from Waitrose Farnham

- Since the significant ban for some young people in November/December we have seen an improvement in behaviour both on and off site
- We have several new people attending Tuesday and Wednesday sessions
- Relationships with young people are going from strength to strength, with young people increasingly seeking advice and support from the youth team because they trust and value them
- Increased attendance at Wednesday sessions - the last 2 sessions have seen 16 young people per session which helps to create a vibrant atmosphere
- The Mighty Oak Project is now over the mid-way point and we have developed excellent relationships with the 8 young people who regularly attend and seen improved behaviour for several young people within school
- Holiday Club funding secured for Easter
- Teenage mental health donation
- Invited to participate in discussions with Waverley Borough Council's sub-committee focussing on young people's mental health and working holistically across the Borough to find solutions
- Reaching Communities have agreed for us to extend the Mighty Oak Project until October, start 'The Hang Out' (supportive/homework club for 11-16s) and 1:1 work with young people at risk of exclusion/disengaged from mainstream education

Lead Youth Worker Forward planning 2024:

<u>February</u>	<u>March</u>	<u>April</u>	<u>May</u>	<u>June</u>	<u>July</u>
Continue to manage and deliver all HYC youth clubs	Continue to manage and deliver all HYC youth clubs	Continue to manage and deliver all HYC youth clubs	Continue to manage and deliver all HYC youth clubs	Continue to manage and deliver all HYC youth clubs	Continue to manage and deliver all HYC youth clubs
Plan for Holiday Club including securing activities/trips/specialists	Integrate Seed to Plate into MOALE project	Deliver Easter Holiday Club	Staff training	Start Moale #2	Consultation/evaluations with young people
Creating flyers and promoting Holiday Club		Staff/volunteer consultation/training/review	Consultation/evaluations with young people		Staff/volunteer consultation/training/review (summer holidays)
Staff training		Staff training	Plan for Summer Holiday Club		

<p>Create plans for March-April</p> <p>Launch 'The Hang Out' - Friday's 4pm-5.30pm</p> <p>Meeting with Weydon School</p> <p>Creating flyers and promoting Holiday Club</p>	<p>Regular promotion of Holiday Club</p> <p>Arrange visits to Godalming Youth Workers and Haslemere Youth Hubs to share topical concerns and share/learn from good practice</p> <p>Plan SRE sessions with JGC and SGC</p> <p>Finalise Holiday Club plans</p>	<p>Apply for Summer Holiday Club funding</p> <p>Start 1:1 project</p> <p>Create plans for May-July</p> <p>Reaching Communities mid year 3 report</p> <p>Board report</p>	<p>MOALE review with FHES</p>		<p>Create Summer newsletter to issue to funders/donors</p> <p>Planning for September - December</p>
<p>Planned activities:</p> <p>Art and crafts Activities to be planned in February half term</p>	<p>Art and crafts Activities to be planned in February</p>	<p>Planning for May-July in the Easter holidays</p>	<ul style="list-style-type: none"> • TBC 	<ul style="list-style-type: none"> • TBC 	<ul style="list-style-type: none"> • TBC

<p>Educational activities: -Great expectations -Bouncing back</p>	<p>ry half term Educational activities: - Decision making -Soul mates? -Values and attitudes -How easy is it to talk about...? ?</p>				
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GirlzClub – Board Report - November 2023 – January 2024

Jo Goodhew – GirlzClub Leader. February 2024.

Overview:

It has been a very busy three months at Girlzclub. We are still supporting girls from both Years 7 and 8 and there continues to be a real need for a safe and welcoming space for this cohort of girls.

Attendance remains good and we regularly receive positive feedback from the girls regarding how much they enjoy having somewhere to 'hang out' with their friends.

The Year 8 girls have really embraced the role of mentor and role model and the Year 7 girls have very much benefited from having the older ones to talk to. Overall, joining the year groups, has been an extremely positive experience for them all.

At each session we offer a baking activity, two art activities and an 'educational' activity. This provides all the girls with plenty of opportunities to experience new things, learn about relevant topics in a relaxed and safe environment, ask questions and most importantly, grow in confidence.

Topics we have covered over the past three months include: Sexuality, periods and puberty, healthy friendships, safe and unsafe situations, and risk-taking behaviour. All the girls enjoy getting involved in these activities and have really grown in confidence when it comes to sharing their opinions, challenging other people's opinions, and asking questions.

Towards the end of each session, all the equipment is put away so that the girls can spend the last twenty minutes running around and playing games such as 'tag'. This was something that the girls asked for and is greatly enjoyed by them all.

We have also been looking at what we can do as a group to support the local community. We are hoping to start doing some community-based projects in the Spring.

Attendance -

As previously mentioned, attendance figures remain high for this group. We have 22 girls signed up and we are averaging between 14-18 each week. Unfortunately, it now clashes with a popular after school club which is something we may need to consider in the future.

Achievements –

The girls thoroughly enjoyed being a part of the Christmas Fair. They took part in the Christmas Tree Festival and designed and made a wonderful tree to enter into the competition. They also worked hard in the weeks leading up to the fair, preparing activities and games that were used on the day to raise funds for the Community Centre and Youth Centre. Lots of the girls came along on the day and enjoyed helping on the stalls.

Our Christmas party was a great success and thoroughly enjoyed by all the staff and young people. We played lots of fun games, that the girls planned and organised, and ate lots of yummy food.

The girl's confidence and self-esteem has grown considerably and relationships between staff/volunteers and the young people has gone from strength to strength.

Forward Planning –

We are in the process of organising some specialists to come in and run some specific workshops for the girls. These include, self-defence, ceramics and SRE. We are also very excited about the summer trip to Space2Grow that we are in the process of organising.

Fridge and Cupboard Board Report – Kelly Lees

The Fridge continues to grow, we are still registering new members on a weekly basis, we currently have 436 registered members, although not all are currently active. We have between 66-81 visitors per week and numerous more to the outside cupboard. Our volunteers are all very helpful and self-sufficient now, some of them even make decisions and just get on with it and let me know what's been done.

We haven't had much call for emergency parcels over the Christmas period which is quite odd as it's normally the time of year it's doubles. However, this maybe as we opened Christmas Eve for the first time which was a great success. We had 131 people visit and raised £34.25 in donations. The feedback has been amazing, how well organised it was, how lovely the staff and volunteers were, the 2 hours we opened were ideal and worked well for most people.

We have some new volunteers for 2024, and we are currently trialling a Thursdays evening opening from February – May, every fortnight this is in response to the last survey showing that working people feel left out as we don't offer an opening time that they can access.

Stay & Play – Kelly Lees

We have 70 registered members for these Wednesday sessions now and on average have 8-16 children visiting weekly during the two hours we're open (we are capped at 20 inside and 25 if we have the garden too), plus parents! Many of these families also then come along to the community Wednesday straight after the session. We get a lot of positive feedback about the activities we provide. We have introduced snack time and provide a free snack for the children and hot drink for adults which has been gratefully received by the parents. (Snacks are provided from Community Fridge or volunteers).

Health & Wellbeing Report – Emma Swinden

Date	Project	Purpose	Outcome/Data	Further Development
Ongoing until Dec 2024.	Slow Cooking Courses	<ul style="list-style-type: none"> - Reduce loneliness and isolation -To improve diet, reduce food waste and improve life skills - Ongoing education - Increase awareness of the activities on offer at Hale Community Centre - Improved mental health outcomes for participants -Improved access to cooking equipment - Focus on residents who may not usually engage with the community centre 	<p>3 courses have now been delivered. (16 participants in total - Mostly women, 3 men attended so far. Current course - 3 men and 3 women attending)</p> <p>MYCAW Data: Concern/reason for attending.</p> <p>6 participants gave the same rating for their concern at the end of the course as at the start.</p> <p>6 participants said their concern had shown an improvement by the end of the course. 2 said their concern had got worse.</p> <p>Wellbeing Impact:</p> <p>6 participants said their wellbeing was the same as at the start.</p> <p>4 participants said their wellbeing had shown an improvement by the end of the course. 4 participants said their wellbeing had got worse.</p>	<p>Reunion for participants planned for 22nd Feb.</p> <p>To open up a discussion around continuing as a social group/supper club/shared interests group that could run monthly/fortnightly. Self-run but hosted at Hale Community Centre.</p> <p>Identify a wider range of tutors to deliver active sessions.</p>
Ongoing	Mobile Gym (Fun Family Fitness)	Responding to community request for fun family fitness that accessible.	<p>Responded to participants request to bring indoors for the winter, but attendance has dropped to 0.</p> <p>Adapted focus to appeal to adults who can bring children to</p>	Hale Academy Promotion event booked to Tuesday 20th Feb. Taster session with Mobile Gym and survey will be carried out to find out what families

			sessions.	would engage in, where and when.
Ongoing	Gentle Strength & Balance Classes	Improve strength and balance after a fall/illness/loss of confidence.	<p>Currently 14 participants attend.</p> <p>Secured funding for 6 further months.</p> <p>Participant feedback: <i>“ I would like to give James top marks - the exercises are very useful and most of them can be adapted to do at home. He is very aware of our ages and limitations and is very encouraging - doesn’t make anyone feel inadequate. At the beginning I was worried that he wouldn’t understand but he does and my worries were dispersed very quickly . My fitness has improved and some confidence has returned . My balance has also improved, so quite a change for which I am very pleased.”</i></p>	<p>6 months of funding means we can continue to offer classes on a weekly basis.</p> <p>Looking to now develop a project with Level 1,2,3 fitness.</p> <p>People can participate at all levels - from fall/illness to back up and running.</p>
40 week project	Sportsworks Project		<p>Funding successfully accessed via National Lottery Community Fund. Planning underway for this 40 week project.</p> <p>Multi-Activity, nutrition and guided walk sessions for adults aged between 25 and 65. The project will benefit:</p> <ul style="list-style-type: none"> - unemployed/on a low income/adults who are living on 	

			their own whom are not active that live in or the surrounding areas.	
	Suputo Cooking Course	Respite space for young carers and parent, cooking skills.	Delivered in November '23. Awaiting formal report but general feedback was that the course was very successful. Engaged 9 families with young carers, offering young carers and parents space to learn cooking from scratch. Also a wellbeing aspect with fitness session and space for respite together.	Active Surrey interested in delivering same programme again with us in the future.
	Project Development		Buggy Walks - Summer term - planning due to start	Potential collaboration with Barnardos?

Highlights -

- Jo starting in her Community role continues to be a highlight as I now have a health and wellbeing team mate.
- Continuing to hear positive feedback from participants and other organisations concerning the health and wellbeing projects that are running.
- Accessing new funding to create sustainable projects.

Challenges -

- Limited building space in the centre to set up projects. - We are now adapting and looking at new health and wellbeing projects that can be delivered off site/outdoors.

- Also concerned about the time I have left to allocate tutor funds within the Health and Wellbeing budget timeframe.

Figures for 9 months to 31st December 2023:**Unrestricted Grants**

Farnham Town Council - council unrestricted grant	7,000
Charities Trust - Grant from Nat West Bank	5,000
Hale Carnival - Unrestricted Grant	1,500
Bridges Estate Agents - Sponsorship	160
Farnham Round Table - Fireworks Donation	440
Farnham Lions - Grant towards coffee machine	3,240
	17,340

Donations

Regular Donations (inc via CAF Donate)	2,610
CAF Donations one off	808
Farnham United Reform	250
Neighbourly Foundation (Sainsbury's Customers)	500

Other

558
4,726

