

# Hale Youth Centre Newsletter – September 2025

It's been an exciting and busy time at our youth centre. From our weekly term time sessions to special events and our busy summer programme, we have seen our young people grow in confidence, creativity and friendship. Here is a brief snapshot of what we have been up to and what makes our youth centre such a special place.

## Mayor's Charity of the Year



We are incredibly honoured and proud to have been chosen as the Mayor of Farnham's charity, for 2025/2026. This recognition is not only a celebration of the work we do with young people, but also a fantastic opportunity to raise awareness and vital funds to support our programmes. Throughout the year, we'll be involved in civic events, fundraising initiatives, and community activities alongside the mayor. We are incredibly grateful for this opportunity and look forward to making the most of it!

## Aldershot Lido Adventures

In June and July, we were lucky enough to enjoy two fantastic trips to Aldershot Lido. Both young people and staff had a brilliant time making the most of having the Lido completely to themselves and the opportunity to try something new.

For two hours, the group threw themselves into paddle boarding, canoeing, and kayaking, testing their balance, building confidence, and most importantly, having fun. There was plenty of laughter (and a few splashes!)



as everyone gave it a go – some discovering hidden talents, others simply enjoying the chance to try something different.

Alongside the water sports, the atmosphere was all about team spirit, encouragement, and adventure. These sessions were a great way to bring all our groups together and make lasting memories.

## **Hale Carnival**



In July, our youth centre proudly took part in the Hale Carnival, joining lots of other local groups and organisations. The young people were at the heart of the whole process: choosing the theme (Hale does Hollywood), designing our float, and creating their own characters and costumes. It was a great event, and the feeling of community spirit was amazing to see

## Young Business Challenge

Leading up to the summer holidays, we introduced a 'business challenge' that the young people could sign up and take part in. They were tasked with coming up with a business idea, developing a plan, and presenting it to the youth team. Five of our young people took part, and the creativity, ambition, and professionalism they showed was truly inspiring.

From designing their own brand names and logos to working out costs and pitching their concepts, the young people stepped up to every part of the challenge.

Once they had shared their business plans, they were given a small amount of money to act as their start-up capital. They had to buy everything that they needed to bring their plans to life and then get started with the production of their goods.

The project all came together at our Community Art Day in early August, where the young people sold their goods to members of the public. It was amazing to see their confidence shine as they explained their products, interacted with customers, and proudly made their sales.



Huge congratulations to, Chloe (Needle Felt Designs), Evie (Resin Art Creations), Ivy (Sweetie Cones), Mollie (Wax Melts and Candles), and Stanley (Teddy Tombola).

Everyone was blown away by the passion and drive they showed. However, the challenge wasn't just about making money; it was about building confidence, leadership, problem solving, and communication skills. It proved that when given the right opportunities, our young people can think big, take risks, achieve incredible results, and most importantly, believe in their own potential.

## Celebrating an amazing summer with our young people!

What a fantastic summer it has been! During the summer holidays our youth centre has been buzzing with energy, creativity, and laughter. The team delivered a packed programme of workshops, challenges, parties, trips, and the young people made memories to last a lifetime. Here are just some of the highlights:

### Creativity in Action

We had various arts and craft sessions throughout the summer, but two highlights were our graffiti workshop and our sculpture challenge. During our graffiti session, the young people got to explore their creativity, and learned all about the techniques of graffiti art. They designed bold and colourful pieces of artwork, learnt new skills, and took home some very impressive masterpieces. Our sculpture challenge saw the young people using their imaginations to create sculptures



using recycled materials. It was a great opportunity for them to develop their problemsolving skills and creativity.

#### Summer Trips

This year, our young people enjoyed an amazing variety of trips, each one packed with adventure, excitement, and new experiences:

- 1) **London** a fantastic day in the capital, exploring the sights before braving the spooky, interactive London Dungeons. The young people loved the mix of history, drama, and jump scares.
- 2) **Ninja Warrior Adventure** we spent a fun afternoon testing agility and courage on obstacle courses that had everyone cheering each other on.
- 3) **Activity Centre** this amazing day was filled with climbing, kayaking, challenges, and team building activities that pushed everyone to try something new.
- 4) **Bushcraft Experience** a day spent in the great outdoors! The young people had fun learning survival skills, fire-lighting, and wood carving, all whilst enjoying the beauty of nature.
- 5) **Swimming & Sports at Frensham Heights School** thanks to Frensham Heights School, our young people enjoyed a lively day of swimming, games, and sports.
- 6) **Fishing Trip** an exciting day by the water, where the boys learned patience, shared laughs, and celebrated the joy of catching their first fish.
- 7) **Coral Reef Swimming** Our older group enjoyed a fun and action-packed evening, making waves on the thrilling flumes and relaxing in the pools. It was the perfect mix of adventure and relaxation for our older group.

Each trip gave our young people the chance to step outside their comfort zones, discover new skills, and most importantly, have fun together.



## **Looking Ahead**

As we move into the Autumn term, we are excited to continue building on the energy and success of the past few months. We are looking forward to getting stuck into more projects, enjoying some different trips, and we are already brimming with ideas for the festive season. Throughout this term, our focus will be on supporting the young people with their school transition, especially the Year 7's who have made the big move into secondary school. Our supportive team of youth workers will help the young people build friendships, manage the challenges of change, and feel confident and safe in their new environment.

Our weekly youth sessions remain at the heart of what we do, and we are proud of everything we can offer:

#### MONDAYS

**3 to 5pm – GirlzClub:** This group is designed especially for young women and offers a safe and supportive space. It is all about supporting them to share experiences, ask questions, and take part in activities that boost confidence and wellbeing. Sessions often include creative projects, baking, discussions on issues that matter to them, and fun activities that encourage teamwork and self-expression

**5:30 to 7:30pm – Mixed Youth Group for ages 11-16:** This group brings together young people for a wide range of activities – from sports and games to arts, cooking, fun challenges, and workshops. It is a safe place where they can relax, try something new, and enjoy spending time with their friends and peers.

#### TUESDAYS

**3:30 to 5:30pm – Boys Night In (11-16 years):** Our dedicated boys group gives our young men a space where they can connect, build friendships, and explore topics and projects that they may not feel comfortable doing in our mixed youth sessions. Our sessions include sports, baking, lots of practical projects, and open discussions on topics that matter to them. It is a space to let off steam, gain confidence, and develop skills for the future.

**6 to 8pm – Young Carers Support Group:** We are proud to introduce our newest group. This session is designed to support local young carers and give them time to relax, have fun, and take a break from their caring responsibilities. Activities are designed to be fun and engaging, but also supportive – helping the young people to share experiences, feel understood, and build strong networks of support.

**6 to 9pm – Outreach Project:** Whilst the Young Carers group is taking place inside the youth centre, some of our youth workers are also out and about in the community. They spend time around the Sandy Hill Estate, building relationships, offering support, and being a friendly and trusted presence. Outreach is all about meeting young people where they are, listening to their needs, and connecting them with opportunities at the centre and beyond.

#### WEDNESDAYS

**3:30 to 5:30pm – Junior GirlzClub (mainly girls in Years 7 & 8):** Our junior girls group provides a supportive and nurturing environment for girls, with a particular focus on transition and emotion wellbeing support. This is especially important for those moving into new schools or facing changes in their social or academic lives. Sessions combine fun activities with practical guidance, confidence building exercises, and opportunities to talk through challenges with peers and youth workers. It is a space where they can feel safe, valued, and empowered to navigate new experiences.

**7-9pm to Older Mixed Group (ages 14 – 19):** In the evenings, we welcome our older mixed group, giving teenagers a chance to socialise, develop new skills, and take part in creative or sporting projects. This group encourages leadership, teamwork, and independence, while providing a safe space for our older cohort to unwind, meet friends, try new activities, and have time to chat privately with the youth workers

#### FRIDAYS

**3:30 to 5:30pm – After School Hangout (ages 11-16):** Our Friday after school hangout is the perfect way to round off the week. Open to all young people aged 11 – 16, it is a relaxed and welcoming space where they can meet friends, enjoy games, sports, arts and crafts, and just have fun. The sessions encourage socialising, teamwork, and creativity, while giving the youth workers the chance to provide informal support and guidance.

For more information or to ask a question, please email:

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